

# PHQ-2

Over the past 2 weeks, how often have you been bothered by any of the following problems?  
(Write the number according to your answer in the blank box. Tally all answers for your final score.)

## 1. Little interest or pleasure in doing things

- (0) Not at all
- (1) Several days
- (2) More than half the days
- (3) Nearly every day

## 2. Feeling down, depressed or hopeless

- (0) Not at all
- (1) Several days
- (2) More than half the days
- (3) Nearly every day

Score

A score of 3 or higher on the PHQ-2 indicates the need to administer the PHQ-9.

