

Home Treatment Options



	Peritoneal Dialysis	Home Hemodialysis
Access	Requires a catheter in your abdomen to fill and drain fluid	Need a fistula or graft to access your bloodstream
Home Space	Need clean space for equipment and supplies	Need clean space for machine and supplies
Dialysis Types	CCPD – patients connect to machine overnight for 6-10 hours	Traditional Home Hemodialysis 3 times a week for 3-4 hours, like in-center, but you make your own schedule
	CAPD – patient does the treatment 4 times a day manually	Short Frequent Treatment 5-6 times a week for 2-3 hours each treatment (you make your own schedule)
Diet	More food and drink choices than in-center hemodialysis	More food and drink choices than in-center (with 5-6 times a week treatment)
Outcomes	More like normal kidney function, which can lead to better quality of life	Studies show that more frequent dialysis can improve quality of life
Care	Self-care (no partner needed) and more independence	May need a partner but allows for more independence